

# Gem State Adventist Academy Rationale & Guidelines

(Updated 8/30/2022)

# Directed Activity Learning Day 2022/2023

Activity Choices: Choose two activities, completing a total of six hours.

#1 Drama & Art (Guide: K. Mitchell)

#2 Animals & Their Behaviors (Guide: M. Wickward)

#3 Mission (Guide: E. Perez)

#4 Lifetime Activities (Guide: J. Perkins) #5 Nature and Math (Guide: M. Waterhouse)

#6 History (Guide: J. Simpson)

#7 Exploring Culture (Guide: M. Stone)

#8 Music (Guide: R. Anderson) #9 Food Plan & Etiquette (J. Young)

The research behind Directed Learning shows the significant and positive values of integrated and collaborative teaching. Our goals also include parent involvement and challenging students to think creatively. Students absorb, retain, and utilize information when they actively participate in learning and when knowledge is linked with the real world.

The format looks like this: Students will receive the guidelines the second week of school; they will meet with the guides for approved plans by September 9, 2022, Friday. They will then have until December 5, 2022, Monday (or Guide's discretion) to complete their activity choices and turn in the paperwork. The outside class time (not taking place during school hours) should be a documented six hours which includes the activities and reflections. Again, students will get the specific activity approved with the Guide **before** making and executing plans. The projects culminate with a school wide chapel, tying it all together and sharing the results on Wednesday, December 14, 2022. Students must complete all six hours or will be counted absent for the entire school day (which is officially documented on the calendar as December 4, 2022).

### #1 Drama & Art (Guide: K. Mitchell)

Overview and Rationale: Drama and Art are a vital part of every student's education, contributing to deep, enduring student engagement that leads to learning success. Drama and Art education develop unique, powerful, and multiple ways of perceiving, interpreting, knowing, representing, and communicating understandings about self and the world. They stimulate creative problem solving, and challenge students' perceptions about their world and themselves, providing an outlet for emotions, thoughts, and dreams. www.edu.gov.mb.ca > K-12

Activity: Attend a preapproved play or visit an Art gallery or exhibit; type a reflection following the Guide's specific handout of instructions. (Venue options: Morrison Center, Boise Little Theater, Shakespeare Festival, Nampa Civic Center, Boise Art Museum)

#### #2 Animal & Their Behaviors (Guide: M. Wickward)

Overview and Rationale: "But ask the animals, and they will teach you, or the birds in the sky, and they will tell you; or speak to the earth and it will teach you, or let the fish in the sea inform you. Which of these does not know that the hand of the Lord has done this? In his hand is the life of every creature and the breath of all mankind." (Job 12:7-10) In many of his parables, Christ turned to nature to show the character of God. If you take the time to observe nature, you can notice the intricacies of how animals act and interact with others. It provides more evidence that we are created by a loving Creator and not just here by accident.

*Activity:* Spend at least two hours at the Boise Zoo or Aquarium. Using a provided handout, you will observe at least three animals for 20 minutes each. During your observations, you will record their behaviors as well as collect data to later create a graph to submit.

## #3 Mission (Guide: E. Perez)

Overview and Rationale: "The Lord is calling upon the men and women who have the light of truth for this time to engage in genuine, personal missionary work," wrote Ellen White.

God in Nature: Spend at least 2 hours in nature. This must be a time of reflection and Bible study. It is preferred that you speak to no one during this time. It is intended as a time to speak and listen to God alone. Create a journal that focuses on your time with God. Choose a scripture to meditate on, include it in the journal and write of how this time helped you better understand its meaning or application to your life. The Journal should be at least one, full, double spaced, page. (Not hand written)

*God to Others:* Create a sabbath afternoon activity that involves helping others. Then, involve several others students in its execution. Your activity must be approved by Pastor Ever.

*God in Music:* For this option you can chose to write a song based on your personal experience with God or a favorite (or meaningful) scripture. The song must be original and be performed either at church and/or for your Bible class.

*Group Bible Study:* This will count for 2 hours. You may lead in a small group Bible study. The subject is up to you, but you must do the preparation for the study and also lead out during the event. Your normal church responsibilities will not meet these criteria. It must be above and beyond the normal. The Bible study must be 45 minutes to an hour long and you will need the supervision and verification of an adult. You must also turn in your work as evidence.

*Jeans Sabbath Activity:* The student will organize and lead out in a Jeans Sabbath activity. This activity cannot be one of the scheduled activities (it must be different from what we normally do). See Pastor Ever for details.

#### **#4 Lifetime Activities (Guide: J. Perkins)**

Overview and Rationale: The mission of the Lifetime Physical Activity Program is to teach both the theoretical and practical components of a variety of exercise/performance activities so that they will bring enjoyment and demonstrate the importance of maintaining health and wellness throughout the course of a lifetime. Lifetime sports are physical activities that people can enjoy throughout their lives, developing a mastery and skill, with wisdom and experience helping to make up for reduced reflexes and physical abilities. Physical activity can improve your health and reduce the risk of developing several diseases like type 2 diabetes, cancer and cardiovascular disease. Exercise can have immediate and long-term health benefits, improving your quality of life.

Activity: Contact Coach Perkins for specific approved activities, times, and assessment options. Due before Thanksgiving.

#### **#5** Nature and Math (Guide: M. Waterhouse)

Overview and Rationale: The purpose of this project is to find a way to visually represent Bible verses and mathematical principles through the art of photography.

*Activity:* You will take 25 photos using various background genres and techniques, and then pair them with an applicable Bible verse. These photos will be edited using Photoshop. displayed in a Word document, and emailed to Mr. Waterhouse. Due before Thanksgiving.

#### #6 History (Guide: J. Simpson)

Overview and Rationale: Theodore Roosevelt once said, "I believe that the more you know about the past, the better you are prepared for the future." Learning about our history can help students make connections to today and help them prepare for their future. Studying history helps students understand people and societies; it contributes to moral understanding and is essential for good citizenship. These aspects not only help students now, but will serve them well as they grow into adulthood.

Activity: Visit a preapproved museum or historical place of interest; type a one-page (MLA) reflection.

#### **#7 Exploring Culture (Guide: M. Stone)**

Overview and Rationale: "At its roots, culture is not simply a collection of artifacts and rituals: culture encompasses the assumptions, meanings, ideals, goals, habits and ways of interpreting the world that a particular community shares." As part of God's created world family, it is important, and fun, to discover as much as you can about those with whom you share this globe and will share the new earth. <a href="https://www.forbes.com/sites/thehartmangroup/2017/01/27/why-study-culture/#5699ebf46bbd">www.forbes.com/sites/thehartmangroup/2017/01/27/why-study-culture/#5699ebf46bbd</a>

*Activity*: Watch, read, listen or do something that gives you a tiny glimpse of what life is like for people in a part of the world with which you do not already have much familiarity but do have interest. Meet with and create a preapproved plan with the Guide.

#### #8 Music (Guide: R. Anderson)

Overview and Rationale: Music is worth knowing and is one of the most important manifestations of any cultural heritage. We don't often understand music's effect on us and our mood, attitude, and even physiological factors. We all need to be aware of the music we listen to and why it affects us the way it does.

Activity: Choose two of the most meaningful songs to you (any two will do: instrumental, choral, pop, contemporary Christian, hymns, traditional songs, etc.). In a MLA 1-page double spaced reflection, look deeply into why those songs have meaning for you. Connect back to a significant instance or reason that they became meaningful to you. Look into the musical aspects of those songs, such as rhythm, beat, harmony, melody, tempo, instrumentation etc. and describe in detail why, in your opinion, those aspects have that specific effect on you. Use a minimum of two sources or articles; cite them appropriately.

#### #9 Food Prep & Etiquette (Guide: J. Young)

Overview and Rationale: "When you teach your child good mealtime etiquette, you are giving them important tools for social interaction that will serve them for the rest of their lives. Proper dining etiquette can have a major effect on one's social standing, so it is important to understand how to eat, drink, and even sit properly at the table. Meal planning is a fantastic way to assist you and your family to have nutritious, home-cooked food while also saving time, money and avoiding frustration."

*Activity:* Plan, budget, shop and prep a meal for a group of people. This includes table settings, conversational activities, and clean up.



# **Gem State Adventist Academy Student Assignment Form**

Directed Activity Learning Day 2022/2023

Activity Choices: Choose two activities, completing a total of six (6) hours by Monday, December 5, 2022.

\*Please fill out a separate form for each of your Activity Choices.

- #1 Drama & Art (Guide: K. Mitchell, kmitchell@gemstate.org)
- #2 Animals & Their Behavior (Guide: M. Wickward, mwickward@gemstate.org)
- #3 Mission (Guide: E. Perez, eperez@gemstate.org)
- #4 Lifetime Activities (Guide: J. Perkins, jperkins@gemstate.org)
- #5 Nature and Math (Guide: M. Waterhouse, mwaterhouse@gemstate.org)
- #6 History (Guide: J. Simpson, jsimpson@gemstate.org)
- #7 Exploring Culture (Guide: M. Stone, mstone@gemstate.org)
- #8 Music (Guide: R. Anderson, randerson@gemstate.org)
- #9 Food Prep & Etiquette (Guide: J. Young, jyoung@gemstate.org)

Student Name:	<b>Activity Choice (#1-#9):</b>
Guide's Signature:	Date:
Specific Activity Explanation (Pre-approved and discussed with Guide):	
Complete the section above no later than September 9 - before the Activity-	
and the selection below upon the completion of Activity.	
Date Activity Completed:	
Activity & Reflection & Assignment Time:	(hours)
Adult Supervisor:	(printed)
Adult Supervisor:	(signature)

For your final completion of activity and attendance:

- 1) Email a picture of yourself engaged in your activity to your Guide with "your name" and "DAL Activity" in the subject line.
- 2) Staple your reflection paper or assignment (if applicable) to this completed form.
- 3) Turn forms into your Guide; they will pass the forms, assignments, and reflections on to Miss Mitchell.

(Reflection ideas: What did you learn? What did you most or least enjoy? How does this enrich your life? Would you recommend the experience to others? Why? Get other specific reflection ideas, expectations, assignments, and formatting requirements from your Activity Guides.)